D.R. PATERSON

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Legisletive Assembly
Committee

8 October 2017

Chair of Joint Select Committee on End of Life Choices Legislative Assembly Parliament House PERTH WA

Dear Ms. Sanderson,

I am writing in support of any laws that will allow voluntary euthanasia or assisted dying in WA.

I have an incurable blood/bone cancer that will result in a protracted, painful, horrible death that palliative care will almost certainly <u>not</u> be able to completely alleviate, thus denying me a comfortable demise. Palliative care, for anyone, would also be right at the very end of life, perhaps when great and unrelieved pain has already been suffered for some time.

Additionally, Doctors will not and cannot help when a person has a chronic condition which makes life unbearable, such as a neurological illness. If someone wants to end her/his life under any of the above conditions (voluntary euthanasia or VE), then the act would have to be carried out while the individual was still able to do it of his/her own volition.

Reliable, legal and peaceful methods to end one's life are not readily available to the older generation who may want to avoid a continuing decline in health and dignity. It then becomes a matter of luck whether someone succeeds, or ends up the worse for trying. It must be an individual's personal choice to escape a painful and unbearable life without any perceived dignity. A doctor's assistance would help ensure a peaceful death.

Ultimately, I want to have the right to determine how and when my life is to end, if I were terminally ill, suffering unbearably without the prospect of improvement, or if I had to depend on others for even the most basic care. Suitable palliative care should be available to all who want it. However, I should also be able to get medical help for a peaceful death, as long as I am competent and have been informed of alternatives. A good death should be at a place of my choice, peacefully, and with family or friends around.

Thank you for considering my submission. Regretfully, I am not available for a personal appearance before your Committee.

Yours sincerely,

Donald Paterson